

Mind and Movement

VIRTUAL SUMMER CAMP 2021

Camp Information

Ages 8 -12

This unique half-day virtual summer camp is the perfect chance to give your brain and body a workout! Throughout the month, campers will learn about a range of engineering and STEM concepts related to body movement. To start the day, campers will learn about movement through a hands-on STEM activity. Afterwards, Recreation Services instructors will guide campers through a corresponding workout activity.

Participants only need to register once for the whole month of camp. One registration fee gets your camper activity materials and some ISU swag! Attendance is up to each participant, join in as much as you would like throughout the month!

The camp will take place two times a week on Tuesday and Thursday from 9 - 12am.

Registration Fee: \$20 *Scholarships available

Registration: <https://isek.wufoo.com/forms/mind-and-movement-camp-2021/>

Camp Calendar

Week 1 : June 15 & 17

Dance

Week 2 : June 22 & 24

Yoga

Week 3 : June 29 & July 1

Strength

Week 4 : July 6 & 8

Speed and Agility